Meet the Fall 2015 PHI Fellows

Jay Buchanan

Jay is currently a junior at Wake Forest, double-majoring in Theatre and Politics and International Affairs. As a PHI Fellow, Jay is researching best practices in youth mentorship programs. With his research findings, he intends to equip local community agencies with roadmaps that will show them the most productive ways to build youth mentorship programs that will increase both their effectiveness and efficiency.

Sarah Hoyle

Sarah is currently a senior at Wake Forest, majoring in Politics and International Affairs with a minor in English. As a PHI fellow, Sarah is creating a progressive training program for students that are involved in direct community service. This program will equip the students of Wake Forest with the cultural competence and knowledge that they need to build mutually beneficial relationships with both community partners and those that they serve.

Alexa King

Alexa is currently a senior at Wake Forest, majoring in Psychology with a minor in Health and Human Services. As a PHI Fellow, Alexa is examining the resources that are available to aid those suffering from domestic abuse in low income households. She is also working with local partners to provide better education surrounding the issue of domestic violence both at Wake Forest University and in the Forsyth County community.

Anita Patel

Anita is currently a junior at Wake Forest, majoring in Health and Exercise Science and minoring in Psychology, Religion and Biology. As a PHI Fellow, Anita is researching the effect that the Affordable Care Act has had on the uninsured and underinsured population in Winston-Salem. She hopes that her research will shed light on how many people that live below the poverty line are still uninsured.
Heather Trzyna

Heather is currently a senior at Wake Forest, majoring in Politics and International Affairs. As a PHI Fellow, Heather is working with El Buen Pastor Latino Community Center to establish a mentoring program in which Wake Forest students will mentor the Latino/a youth of Forsyth County. This program will be an asset to the community in that these mentor-mentee relationships will be mutually beneficial for both parties involved, both academically and socially.